

Family & Children's Service of Ithaca

EMPLOYEE ASSISTANCE PROGRAM



30 YEARS OF SERVICE TO OUR COMMUNITY

127 WEST STATE STREET | ITHACA, NY 14850



Services For Individuals

- DEPRESSION & ANXIETY
- ELDERCARE ISSUES
- FAMILY ISSUES
- GRIEF & LOSS
- JOB STRESS
- LIFE TRANSITIONS
- MARITAL & RELATIONSHIP CONCERNS
- PARENTING & CHILDREN CONCERNS
- SEPARATION & DIVORCE
- SUBSTANCE ABUSE CONCERNS

EMPLOYEES

We Can Help You With This!

Family & Children's Service's EAP provides counseling services to individuals, couples and families tailored to your personal, family, or workplace issues.

- **Free, confidential assessment** and consultation.
- **Short-term counseling.** Appointments provided within an average of 5 business days, meeting and exceeding industry standards.
- **Information & referral** for employees, spouses or domestic partners and dependent children.
- **Availability** of 30 plus clinical staff with Masters or PhDs from our clinical program, which is licensed by the New York State Office of Mental Health.
- **Convenient locations** in Ithaca plus a well established affiliate network in surrounding counties and more than 100 additional providers nationwide.

Rich array of professionals services and priority access for employees!

Unmatched in care,
quality and scope.

**Timely, professional support
when and where you need it.**



Seamless coordination for employee emergencies

- Same day crisis appointments available.
- 24-hour live answering service with clinical backup.
- Established relationship and protocol with Cayuga Medical Center for inpatient admissions.
- After EAP services, individuals needing additional support can transfer seamlessly into on-going treatment through F&CS's clinical program.

Services For Organizations

- EAP ORIENTATION FOR EMPLOYEES
- SUPERVISOR AND LEADERSHIP TRAINING
- EAP COMMUNICATION AND AWARENESS MATERIAL DISTRIBUTION
- MANAGEMENT COMMUNICATION AND CONSULTATION
- UTILIZATION REPORTS



In 2015, 25% of our EAP referrals were for children!

EMPLOYERS

We Can Help You With This!

Family & Children's Service's EAP provides services to over 50 local organizations covering 15,000 employees and their households.

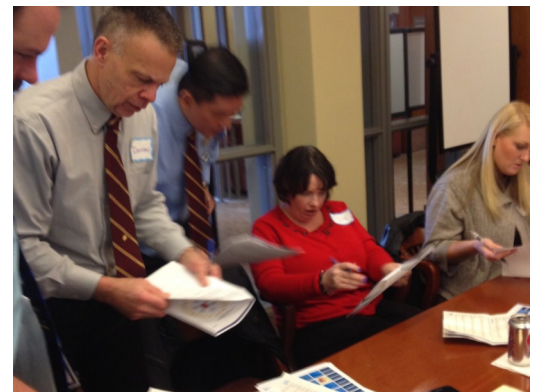


Linda Bryan, MPS, PHR
EAP Director
Please call for more information and a free quote!

- **Management and Human Resource Consultations:** We can help you implement business practices around assessing, documenting and addressing performance issues within the framework of the your personnel policies.
- **Condition of Employment Services:** We provide the employer with support for referring an employee as a result of serious performance problems that jeopardize his or her employment.
- **Onsite Critical Incident Stress Management Services:** We have a team of clinical professionals trained in post-traumatic stress disorder and critical incident interventions to provide support for employees experiencing a critical incident in the workplace.
- **Worksite orientations for employees and supervisors at times convenient for you.** We also provide promotional materials and can offer articles for employer's internal newsletters or other internal communications.
- **Quarterly newsletters on topics relevant to today's workplace.**

Professional Development Workshops

- **Trainings:** We offer customized trainings at the worksite on a variety of work/ life topics.
- **Discounts:** We offer our clients discounts to the agency's public EAP Spring and Fall Workshop Series.
- **Leadership Services:** We offer customized coaching and development services for professional staff.





Employee Assistance Program

We've got these employers covered.

Let us do the same for you!

Advion Biosciences

Alcohol and Drug Council of
Tompkins County

All Tile and Stone

Alternatives Federal Credit
Union

Boyce Thompson Institute

Cancer Resource Center of
the Finger Lakes

Catholic Charities of
Tompkins County

Cayuga Addiction and
Recovery Services

Cayuga Medical Center

Child Development Council of
CNY

City of Ithaca

Coddington Road Community
Center

Cornell Cooperative Extension

CFCU Community Credit
Union

Cortland County

Cortland Regional Medical
Center

Dryden Mutual Insurance
Company

Evaporated Metal Films

Finger Lakes Library System

Finger Lakes Fire & Casualty
Company

First National Bank of Groton

Franziska Racker Centers

Gadabout Transportation
Services

HOLT Architects

Human Services Coalition of
Tompkins County

Ithaca Waldorf School

Ithaca Community Childcare

JM Murray Center

Kendal at Ithaca

Kionix, Inc.

Lansing Central School District

Lansing Instrument Corp.

Lifelong

Madison Cortland ARC

McGraw House

Mental Health
Association of
Tompkins County

Mettler Toledo Hi-
Speed

Newfield Central
School District

Ongweoweh Corp.

Pall Trinity Micro
Corp.

Planned Parenthood
of the Southern Tier

Renovus Energy

Rheonix

Southern Tier AIDS
Program

Stewart Howe Alumni
Service

Taitem Engineering

Tompkins Community
Action

Tompkins Cortland
Community College

Tompkins Cortland
Community College
Faculty/Student
Association

TC3 Farm and Bistro

Tompkins County

Tompkins County
Chamber of
Commerce

Tompkins County
Public Library

Town of Ithaca

Therm, Inc.

Transonic Systems,
Inc.

TST BOCES

United Way of
Tompkins County

Village of Dryden