

2021

ANNUAL REPORT

Your Impact Inside...



Family & Children's

SERVICE OF ITHACA

Photo by Dave Burbank Photography

Thank you for Making a Difference

As hard as the past two years have been, this moment in time has demonstrated that when communities come together, they can do amazing things.

Amid the continued crises of the past year, your outpouring of support helped us meet the mental health needs of our community. You allowed us to:

- Provide clients with more options regarding how they receive care and reducing barriers to accessing support through creative and remote options
- Recruit more clinicians in order to see more people
- Explore new services, like Group Therapy, as a means of better meeting community need
- Ensure that cost isn't a barrier to accessing care
- Keep vital programs and services in our community

Though the need for mental health care is immense right now, you have helped those who are struggling in the most fundamental way find the care they need. Thank you for your commitment to our community and to our mission.

With gratitude,



Alicia Kenaley
Executive Director



Scott Heyman
Board Chair



OUR MISSION

Family & Children's Service of Ithaca supports, promotes, and strengthens the well-being of individuals and families by providing high-quality, accessible mental health care and related social services, with a particular sensitivity toward the needs of children.

OUR VISION

We envision a community in which families, children, individuals, and seniors have access to the social supports they need to lead fuller, more meaningful lives.

2021 BOARD OF DIRECTORS

Scott Heyman, Board Chair
Catherine Hackett, Vice Chair
Anna Rosenblatt, Secretary
Paul Kirk, Treasurer*

Alicia Kenaley, Executive
Director, ex-officio
David Brown
Tanya Brozost
Dave Burbank*
Amadou Fofana

Liz Gebhart
Ken Harris
Rachel Hogancamp
Kevin Mahaney*
Jamila Michener*
Nadia Rubaii*

Carolann Saggese
Omar Stoute
Kelly White

*Former F&CS Board Member as of
May 2022

Our Financials

Family & Children's Service of Ithaca is a 501(c)3 nonprofit organization. Our operating revenue for 2021 was \$4,724,175. Our expenses were \$4,614,367. Full audited financials will be available upon request.

ASSETS

	2021	2020
Cash	2,373,432	2,172,813
Investments	702,099	643,338
Accounts Receivable, Net	204,791	384,871
Prepaid Expenses	30,277	26,717
Fixed Assets, Net	3,294,765	3,401,341
Unconditional Promises to Give	-	20,000
Cash Value - Charitable Life	66,651	64,331
Deposits	3,000	3,000
Total Assets	6,657,015	6,716,411

LIABILITIES

Accounts Payable	22,750	25,317
Accrued Expenses & Withholdings	184,383	165,415
Contract Advances	53,396	46,249
Long-Term Debt, Current Portion	134,232	208,421
Notes & Leases Payable	1,710,708	1,810,091
Fund Balance	4,569,726	4,460,918
Total Liabilities and Net Assets	6,675,195	6,716,411

REVENUES

	2021	2020
Government Agencies	692,671	1,374,954
Program Fees	3,307,155	3,093,048
United Way of Tompkins County	80,000	80,000
Contributions	422,246	373,598
Interest & Investments	60,299	66,997
Miscellaneous	161,949	139,238
Total Revenue	4,724,320	5,127,835

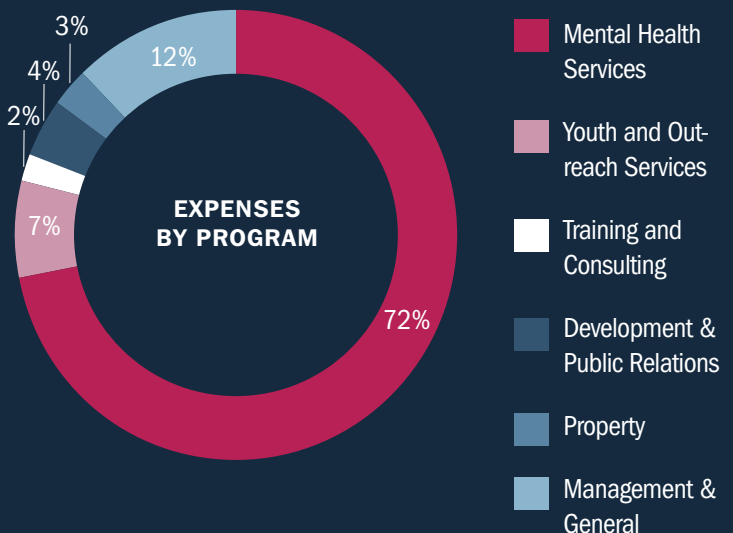
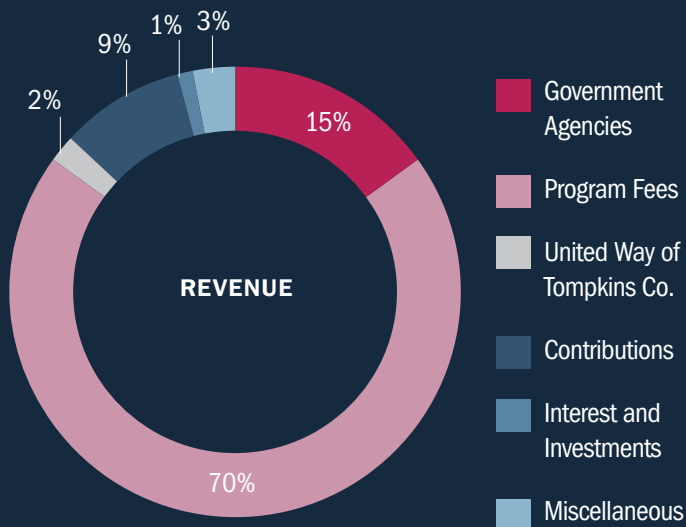
EXPENSES

Program Services	3,654,912	3,822,706
Supporting Services	960,600	736,942
Increase/Decrease in Net Assets	108,808	568,187

EXPENSES BY PROGRAM

Mental Health Services	3,315,885	3,300,427
Youth and Outreach Services	339,027	522,279
Training and Consulting	75,405	4,154
Development & Public Relations	193,938	152,323
Property	123,890	108,337
Management & General	567,367	472,128
Total	4,615,512	4,559,648

Revenue and Expenses



Business and Organization Donors

* Grant **Gift In Kind

\$50,000 AND UP

Park Foundation, Inc.*
United Way of Tompkins
County*

\$10,000 AND UP

Cornell Univeristy
BorgWarner Morse TEC*
CFCU Community Credit
Union
J.M. McDonald Foundation*
Foundation for Jewish
Philanthropies*

\$4,000 - \$9,999

Myrtle Dee Nash Fund,
Community Foundation of
Tompkins County*
Legacy Foundation of
Tompkins County*
Brooks Family Foundation
GHA Technologies**
Lewis G. Schaeneman, Jr.
Foundation*
Rotary Club of Ithaca*
Stephanie and Peter Nolan
Foundation
Triad Foundation*
Tompkins Trust Company

\$1,000 - \$3,999

Vector Magnetics, Community
Foundation of Tompkins
County

Target Stores, The GoodCoin
Foundation
IronMan Foundation*
True Insurance
Warren Real Estate of Ithaca,
Inc.
Finger Lakes Equine Practice,
P.C.
Cayuga Medical Center
Morgan Stanley
Sciarabba Walker & Co., LLP
CSP Management
Ithaca Yacht Club**
OBGYN & Midwifery
Associates of Ithaca
The Benevity Fund
Appolo Heating, Inc.
Visions Federal Credit Union
Jack Engle Young Fund,
Community Foundation of
Tompkins County
Greene-Milstein Family
Foundation
Hancock 7 Estabrook, LLP
Maguire Family of
Dealerships
MORF Foundation
National Philanthropic Trust
Newman Development Group,
LLC.
Norathco Foundation
Northwestern Mutual Life
Precision Filters
Rasa Spa
The Strebel Planning Group
Well Said Media**

\$500 - \$999

Miler Mayer, LLP
Emergency Food and Shelter
Program*
Red Feet Wine
21 Goodwill Street Fund,
Community Foundation of
Tompkins County*
Bousquet Holstein, PLLC
Casella Waste Systems
Dennie's Manufacturing
Finger Lakes Boating Center
FLIGHT of Ithaca
Harris Beach, PLLC
HOLT Architects
Illume Projects
Kinney Drug Foundation, Inc
Natural Investments, LLC
Renaissance Charitable
T.G. Miller, P.C.

UP TO \$499

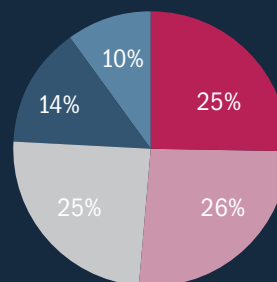
Pledgeling Foundation
City Club of Ithaca
GiveGab
Paddledockers**
Purity Ice Cream**
Tompkins Today & Tomorrow
Fund, Community
Foundation of Tompkins
County*
Flamingo Fund, Community
Foundation of Tompkins
County
McPherson Giving Fund,
Community Foundation of
Tompkins County*
Sciencenter**
Arnold Print Corp.
Ithaca Beer Co., Inc.**
The Frame Shop
Amazon Smile
Network For Good

Photo by Dave Burbank
Photography



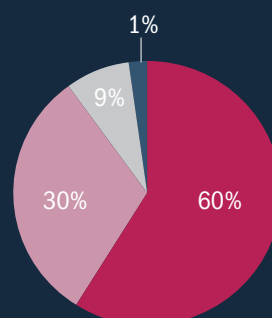
Who We Serve

PROGRAM	# OF CLIENTS IN 2021
Counseling	1,443
Psychiatry	472
Zero to Five Program	48
Geriatric Mental Health	72
EAP	167
DAP	20
KINECT	41
Community Outreach Worker	598



Ages of Clients:

0-17 31-45 61+
18-30 46-60



Where Our Clients are From:

Ithaca Adjacent Counties
Other Tompkins Other

Honorary Gifts

In Honor of Tammy Baker

- Laurie Conklin Kamp

In Honor of Wesley Ballard

- Katherine Ballard

In Honor of The Beta Delta Chapter of Beta Theta Pi

- Matthew Secondine

In Honor of Lois Butterfield

- Andrea J. Mooney

In Honor of Mark Campagnolo

- David Kraskow

In Honor of F&CS Staff

- Saoirse McClory & Lawrence Hirschberger

In Honor of All Families

- Katherine Chiang

In Honor of Milstein-Touesnard Family

- Mark Milstein & Monica Touesnard

In Honor of Yvonne Fogarty

- Barbara Page Cooke

In Honor of Catherine Hackett

- Rick Hackett

In Honor of Philip Hall & Yvette Huer

- Alice Colby-Hall

In Honor of Jessica Hulsebosch

- Kathleen & Mark Hulsebosch

In Honor of Josiah Jacobus-Parker & Sean Nash

- Mary Jacobus & Reeve Parker
- Julee Johnson

In Honor of Vicki John

- Julia John

In Honor of Linda Mack & Jim Johnston

- Sally McConnell-Ginet & Carl Ginet

In Honor of Jim Johnston

- Lena & Lawrence Siany
- Beatty & Bill Watts

In Honor of Alicia Kenaley

- Elizabeth Bixler
- Janet & John Burton
- David Campbell & Tom Connors
- Saoirse McClory & Lawrence Hirschberger
- Alice Moore & Robert Smith

In Honor of Zak Korf

- Kumi Korf

In Honor of Marisa C. Matsudaira

- Evelyn Mellett

In Honor of Alice Moore

- Susan & William Lesser

In Honor of Karen Schachere

- Steve & Carla Fontana
- Diana Levy & Bruce Fabens

In Honor of Mort Spooner

- Shelley Spooner Cooper

In Honor of Student Tour Guides at Cornell University

- Catherine Silvestri

In Honor of Nicholas Sturgeon

- Joanne Sturgeon

In Honor of Libby D. Tier

- Dan & Sharon Tier
- Emily Tier

In Honor of Wilda Vanek

- Francis Vanek

In Honor of Deborah A. Walsh

- Jonna Climie
- In Honor of Kelly White
- Amanda Derespino
- Barbara Lunan-Ellison
- Robin Morris
- Angela Sullivan

In Honor of Sandy True

- Madeline & Matt Estill
- Jean & Dan McPheeters



Memorial Gifts

In Memory of Jessica Cotterill

- Chad Cotterill
- Anne & Warren Lenington
- Stephen Ryan

In Memory of Greg Eells

- Eric Alani & Esther Racoosin
- Stephenie & Jason Atkins
- J Bender
- Linda Brisson
- Anthony Calabrese
- Kristin Colbert & Bart Auble
- Diane & Jeff Conuel
- Nicole Decker
- Susan Detzer
- Sharon Dittman
- Jeffrey Dobbin
- Brian Eells
- Christine Eells
- Jeanette Eells-Rich
- Madeline & Matt Estill
- Erin Forquer

- Emilee Frazier
- Sarah George & Tim Marchell
- Cate & Rick Hackett
- Beverly & Gregory Hartz
- Holly & John Heitzman
- Alicia & Shawn Kenaley
- Rebecca Kennedy
- Leslie Kinsland
- Edward Koppel
- Renee Mayer
- Cheryl McGraw
- Karen & Michael McGreevey
- Donald McKechnie & Jacqueline Bonner
- Norm Pollard
- Nancy Potter & George Gull
- Maude Rith
- Harry Rockland-Miller
- John & Sue Sammis
- Jenifer Scales
- Julie Schnepel
- James Sorrentino
- Bob Sprole, III & Shari Sprole

- Richard and Margaret Steinacher
- John Tanquary
- Stephanie Valletta
- Hilary Wong
- Sandy & Jay True
- Jeffrey True & Sue Schattschneider

In Memory of Eileen M. Foster

- Judith and Robert Andrew
- Joyce Billing
- Carol & Sam Chernikoff
- Douglas Foster
- Dianne Galliher
- Alessandra Heinen
- Kathryn Hopkins
- Claudia Voss Lewenstein & Bruce Lewenstein
- George McGonigal
- Suzanne Miles
- Hayya Mintz

- Barbara Mitchell & David Cedarbaum
- Alexander Rudinski
- Geraldine Shepard
- Judith Wood

In Memory of Carol George

- Albert George

In Memory of Tom Hilchey

- Amy Christian & Duncan Hilchey

In Memory of Peter Stein

- Cynthia Chase & Jonathan Culler

In Memory of Herb Thomas

- Barbara Thomas

In Memory of Marjorie Waldman-Wolga

- John & Linda Waldman
- Mark Waldman

By The Numbers...



TOUCHPOINTS

Counseling appointments	31,875
Psychiatry appointments	3,654
DAP & KINECT home visits	260
Community Outreach Worker encounters	1,967
PPE supplies given out by COWP	1,362
Fieldtrips/activities for KINECT & DAP kids	58
Basketball games with DAP kids:	150
Miles driven by DAP/KINECT workers to meet clients in their homes & transport kids	13,608



COMMUNITY EVENTS

Attendees of the 2021 Cardboard Boat Race	312
Boats in the 2021 Cardboard Boat Race	24
Amount raised by the 2021 Cardboard Boat Race:	\$55,673



WORKFORCE DEVELOPMENT

New hires in 2021	17
Interns in 2021	8



COMMUNITY & CONTINUING EDUCATION PROGRAMS

Number of EAP programs	10
Number of Clinical Education programs	6
Number of attendees of online workshops	275
Number of Public online workshops	10

Save the Date



Cardboard Boat Race

SUNDAY, SEPTEMBER 11, 2022

The Fourth Annual Cardboard Boat Race to support Family & Children's Service of Ithaca will be held on Sunday, September 11, 2022 at the Ithaca Yacht Club.

Boat Registration and spectator tickets are on sale now! Visit www.fcsith.org to learn more.

To become a sponsor of the 2022 Cardboard Boat Race, email development@fcsith.org to learn more.

