

A photograph of a family of three in a grassy field at sunset. The father is crouching in the center, holding a baby. The mother is leaning over his shoulder from the left, smiling. The baby is sitting in the father's arms, also smiling. The background is a soft-focus landscape with trees and a bright sun low on the horizon, creating a warm, golden glow.

2022

ANNUAL REPORT

Your Impact Inside...

Family & Children's

SERVICE OF ITHACA

We're better because of YOU

Recently, Family & Children's Service helped to organize an event alongside several other human service organizations called "Better Together for Mental Health." Over 50 organizations participated in the event, and over 600 people attended. The sense of connection, community, and good will was palpable, and it reinforced that we really are better together.

It's true that challenges continue to abound. Demand for our services is extraordinary as the mental health epidemic marches on; we've experienced workforce shortages, general financial challenges to keep pace with the increased cost of doing business, funding challenges for some of our Youth and Outreach services, and we've got work to do to improve systems like our Electronic Medical Records system, in order to further improve client care.

But even in the midst of these ongoing challenges, last year with your help we provided 31,512 essential mental health appointments to 1,289 unique clients in our mental health clinic. We piloted a Rural Outreach Worker Program, bringing needed supportive services to individuals across Tompkins County, we re-launched Open Doors, providing runaway and homeless youth with basic needs, counseling and supportive services, and we invested in workforce development, providing an enriching internship experience to graduate students training to become mental health clinicians.

None of this would be possible without your steadfast support. Thank you for helping to improve the lives of the people throughout our community. We are better together, indeed.

With gratitude,



Alicia Kenaley
Executive Director



Cate Hackett
Board Chair



OUR MISSION

Family & Children's Service of Ithaca supports, promotes, and strengthens the well-being of individuals and families by providing high-quality, accessible mental health care and related social services, with a particular sensitivity toward the needs of children.

OUR VISION

We envision a community in which families, children, individuals, and seniors have access to the social supports they need to lead fuller, more meaningful lives.

2022 BOARD OF DIRECTORS

Cate Hackett, *Board Chair*
Omar Stoute, *Vice Chair*
Anna Rosenblatt, *Secretary*
Scott Heyman, *Treasurer*

David Brown
Tanya Brozost
Phong Diep
Jerel Ezell
Amadou Fofana

Liz Gebhart
Ken Harris
Rachel Hogancamp
Danielle Jones
Greg Lee

Jeff Niederdeppe
Carolann Saggese
Heather Swift
Kelly White

Our Financials

Family & Children's Service of Ithaca is a 501(c)3 nonprofit organization. Our operating revenue for 2022 was \$5,227,241. Our expenses were \$5,328,698. Full audited financials are available upon request.

ASSETS

	2022	2021
Cash	2,157,966	2,373,432
Investments	567,299	702,099
Accounts Receivable, Net	565,086	204,791
Prepaid Expenses	26,033	30,277
Fixed Assets, Net	3,186,129	3,294,765
Unconditional Promises to Give	49,568	-
Cash Value - Charitable Life	69,025	66,651
Deposits	-	3,000
Total Assets	6,621,106	6,675,015

LIABILITIES

Accounts Payable	20,367	22,750
Accrued Expenses & Withholdings	252,861	184,383
Contract Advances	163,605	53,396
Long-Term Debt, Current Portion	112,864	134,052
Notes & Leases Payable	1,603,140	1,710,708
Fund Balance	4,468,269	4,569,726
Total Liabilities and Net Assets	6,621,106	6,675,015

REVENUES

	2022	2021
Government Agencies	1,049,165	692,671
Program Fees	3,714,822	3,307,155
United Way of Tompkins County	45,000	80,000
Contributions	380,487	422,246
Interest & Investments	(119,570)	60,299
Miscellaneous	157,337	161,804
Total Revenue	5,227,241	4,724,175

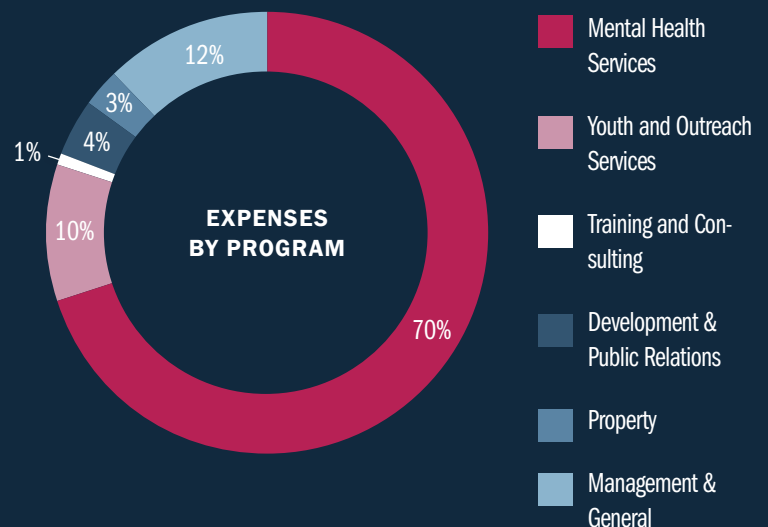
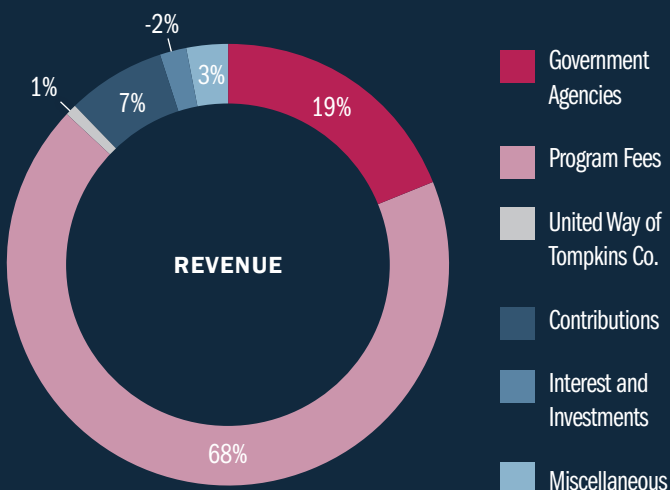
EXPENSES

Program Services	4,344,574	3,653,428
Supporting Services	984,124	961,939
Increase/Decrease in Net Assets	(101,457)	108,808

EXPENSES BY PROGRAM

Counseling	3,716,296	3,315,885
Youth and Outreach Services	549,255	339,027
Training and Consulting	79,023	75,405
Development & Public Relations	194,083	193,938
Property	134,010	123,890
Management & General	656,031	567,367
Total	5,328,698	4,615,367

Revenue and Expenses



Business and Organization Donors

* Grant **Gift In Kind

\$25,000 AND UP

Park Foundation*
United Way of Tompkins County*

\$10,000 - \$24,999

Excellus Blue Cross/Blue Shield*
Avangrid Foundation*
BorgWarner Morse TEC
CFCU Community Credit Union
Foundation for Jewish
Philanthropies*
Triad Foundation*
Tompkins Today and Tomorrow
Fund, Community Foundation of
Tompkins County*
Resilience and Possibilities
Endowment Fund, Community
Foundation of Tompkins County*

\$4,000 - \$9,999

Legacy Foundation*
Travis Hyde Properties
Birth to Three Fund, Community
Foundation of Tompkins County*
Brooks Family Foundation
Guthrie Healthcare Systems*
Lewis G. Schaeenman, Jr.
Foundation, Inc.*
National Philanthropic Trust
Peter V. Browning Family
Foundation
Stephanie and Peter Nolan
Foundation
Target Foundation/Simple
Generosity

\$1,000 - \$3,999

Tompkins Community Bank
Vector Magentics, Community
Foundation of Tompkins County
Sciarabba Walker & Co., LLP
True Insurance
Warren Real Estate of Ithaca, Inc.
Finger Lakes Equine Practice, P.C.
Appolo Heating
Cayuga Medical Center
Morgan Stanley
Community Arts Partnership of
Tompkins County*
Emergency Food and Shelter
Program*
CSP Management
Ithaca Yacht Club**
OBGYN & Midwifery Associates of
Ithaca
Visions Federal Credit Union
The Sophie Fund
Verizon Foundation
Sciencenter**
Downtown Ithaca Alliance
Cargill Deicing
Dermatology Associates of Ithaca
Greene-Milstein Family Foundation
Maguire Foundation
MORF Foundation
Norathco Foundation
Precision Filters
ProAct Pharmacy Benefit
Management
Walmart Foundation

\$500 - \$999

Silo Food Truck**
The Cali-Evett Family Fund, the
Boston Foundation
Finger Lakes Boating Center
FLIGHT of Ithaca
Hancock & Estabrook, LLP
HOLT Architects
Illume Projects
Island Health and Fitness
Key Bank
Kinney Drug Foundation, Inc.
Miller Mayer, LLP
New Park
Whitham Planning and Design
XOrca Computer Center

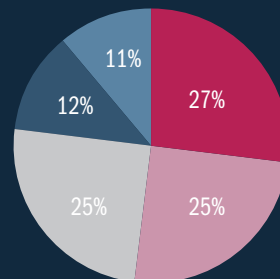
UP TO \$499

Odyssey Bookstore
Discover Ithaca
Miller Mayer, LLP
Boatyard Grill
Ciao!
City Club of Ithaca
Finger Lakes Running Company
Luna Inspired Street Food**
Taitem Engineering
Cornell Outdoor Education
Arnold Printing Corp
Walgreens**
TCAT**
Orangetheory Fitness**
Association of Fundraising
Professionals
Rentals to Go**
Gola Osteria**
Ithaca Beer Co., Inc**
Red Feet Wine**
Uncle Marty's Shipping**
The 501st Legion's Garrison
Excelsior
The Sunshine Committee



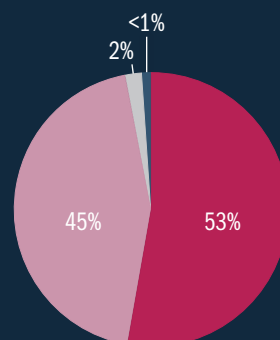
Who We Serve

PROGRAM	# OF CLIENTS IN 2022
Counseling	1,289
Psychiatry	408
Zero to Five Program	45
Geriatric Mental Health	71
Employment Assistance Program (EAP)	113
Dispositional Alternatives Program (DAP)	24
KINECT	15
Open Doors	74
Community Outreach Worker Program	488
Rural Outreach Worker Program (August-December)	99



Ages of Clients:

0-17: 352 31-45: 325 61+: 136
18-30: 318 46-60: 158



Where Our Clients are From:

Ithaca: 678 Adjacent Counties: 32
Other Tompkins County: 576 Other: 3

Honorary Gifts

In honor of Rich Anderson

- Tom Clausen
- Tanni Hall
- Jill Holl
- Patti Jacobson
- Don Karr
- Bob Reminick
- Michele Sawyer

In honor of Jason Blumenkamp

- Christianne McMillan White & Walter White

In honor of Dave Burbank

- Mary & Peter Katzenstein

In honor of the staff at Carol Bushberg Real Estate, LLC

- Julie Nowlen

In honor of Gould Colman

- His friends at the Sunshine Committee

In honor of Ann K. Dolan

- Mary Jacobus & Reeve Parker

In honor of Jack W. Donahue

- Heather Swift Morrison & Jeremy Morrison

In honor of Eileen M. Foster

- Joyce Billing

In honor of Ken Harris

- Madeline & Matt Estill

In honor of the Ithaca Boys Lacrosse Team

- Christina Barton
- Rebecca Bordonaro
- Meghan Boyko
- Carson & Ladeen Case
- Madeline & Matt Estill
- Julia Gorman
- Mary Beth Ihnken Neely
- Dennis Kuhn
- Kelly Makosch
- Leonard Simons
- Pamela Tan
- Christianne McMillan White & Walter White

In honor of Vicki John

- Rich & Jeanie Carpenter

In honor of Jim Johnston

- Martha Ann Moses
- Beatty Watts

In honor of Alicia Kenaley

- Janet & John Burton
- Renaissance Charitable

In honor of Laura Larson

- Association of Fundraising Professionals Finger Lakes Chapter

In honor of Cliff Madden

- Carolann & Steven Saggese

In honor of Jim Miller

- Carol & John Vineyard

In honor of Alice Moore

- Kathleen & Raymond Schlather

In honor of Katy Nicholson

- Marie & Richard Nicholson

In honor of David & Cynthia Neiderdeppe

- Jeff Neiderdeppe

In honor of JR Sill

- Jane Paige

In honor of F&CS Staff

- Paul & Andrea Pitkin

In honor of Steele Steffy

- Christianne McMillan White & Walter White

In honor of Catherine Stone

- Lindsey Doyle
- Bernadette Fiocca

In honor of Caleb Thomas

- Connie & Gary Thomas

In honor of Libby D. Tier

- Barbara & David Demarest

In honor of Kelly White

- Phoebe Brown

In honor of Gene Yarussi

- Charlie and Nancy Trautmann



Memorial Gifts

In Memory of Jessica Cotterill

- Debbie Jean Lecoq
- Susan Mikula

In Memory of Steven W. Cribbs

- Tompkins Community Bank

In Memory of Greg Eells

- Jeanette Eells-Rich
- Cheryl & Jerry Robinson
- John & Sue Sammis
- Julie Schnepel
- Vicky & Jay Williamson

In Memory of Eric L. Ehrenberg

- Randy & Ronald Ehrenberg

In Memory of Sage Fuller Cowles

- Tessa Flores & Ira Goldstein

In Memory of Sara Jacoba

- Nancy & Peter Massicci

In memory of Thomas James

- Laura Jones

In Memory of Zak Korf

- Kumi Korf

In Memory of Janet Lein

- Donald Lein

In Memory of Francis Ramin

- Nancy & Larry Dalton

In memory of Nadia Rubaii

- Teebah Alsaleh
- Neti Fredericks
- Scott & Linda Heyman
- Nan & Tom Pasquarello

In Memory of Nicholas Sturgeon

- Joanne Sturgeon

In Memory of Herb Thomas

- Barbara Thomas

In memory of Marjorie Waldman-Wolga

- John & Linda Waldman
- Mark Waldman

Your Impact, By The Numbers...



TOUCHPOINTS

Counseling appointments	28,968
Psychiatry appointments	2,544
Zero to Five appointments	1,079
Geriatric Mental Health appointments	1,288
EAP appointments	458
Community Outreach Worker Program encounters	853
Rural Outreach Worker Program encounters	286
External partners for ROWP	14
ROP referrals from TC Sheriff's Department	8
Fieldtrips/Activities for KINECT & DAP kids	63
Horseback riding outings with DAP	3
Open Doors teens who went Ziplining at Greek Peak	8



COMMUNITY EVENTS

Attendees of the 2022 Cardboard Boat Race	257
Boats in the 2022 Cardboard Boat Race	31
Amount Raised by 2022 Cardboard Boat Race	\$70,212
Number of Attendees of Mental Health & Wellness Fair	63



COMMUNITY & CONTINUING EDUCATION PROGRAMS

Number of EAP programs	3
Number of Public & CCE workshops	14
Number of attendees of online workshops	385
COWP-led de-escalation training for area businesses	5



WORKFORCE DEVELOPMENT

New hires in 2022	28
Clinical Interns in 2022	9
Clinical Education programs/professional development attended by staff	104
Hours of professional development/training attended by staff	463

Save the Date

The Cardboard Boat Race

SUNDAY, SEPTEMBER 10, 2023

The Fifth Annual Cardboard Boat Race to support Family & Children's Service of Ithaca will be held on Sunday, September 10, 2023 at the Ithaca Yacht Club.

Boat Registration is free for everyone, and Spectator Tickets are on sale now! Visit www.fcsith.org to learn more.

To become a sponsor of the 2023 Cardboard Boat Race, email development@fcsith.org for our full sponsorship package.

The Cardboard Boat Race is presented by CFCU Community Credit Union.

